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Over my six months living in Nepal, I have found myself confused, offended, upset, or the object of laughter on several occasions! This is all part of culture shock, which can be expected when travelling abroad. Getting culture shock when you move to a new country (culture) is a common thing. Almost all travelers, for business or pleasure or for long time settlement, go through this ordeal of getting shocked. The Stages or Phases of Culture Shock. First comes the honeymoon phase. This is when an expat is still feeling like a tourist – everything is new and exciting and they explore the environment with enthusiasm. Study Abroad Work Abroad Volunteer Abroad Asia Nepal Culture Shock Poppy Bending Beckett warns about a few cultural differences you'll encounter if you're off to Nepal...1. Transport and the driving code Cows standing in the middle of incredibly busy streets are normal. - Culture Shock Nepal Culture Shock