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Food Timeline: history notes--Asian American. Bird's Nest Soup Like Shark's fin soup, bird's nest soup was traditionally valued for its healthful properties. It is most often served as soup. Is the traditional Chinese ingredient a real nest made by an actual bird? Food Timeline--history notes: charlotte to millet. Curry The history of curry is two-fold: curried-style foods, the Indian dish composed of spices, meat and rice AND curry powder, a combination of various spices used to flavor food. Latest breaking news, including politics, crime and celebrity. Find stories, updates and expert opinion. The charter applications will be the first considered by the new school board, after the city took back control of its schools from the state this summer. - Bend Food Stories Of Local Farms And Kitchens American Palate