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History. Various legends trace coq au vin to ancient Gaul and Julius Caesar, but the recipe was not documented until the early 20th century; it is generally accepted that it existed as a rustic dish long before that. A somewhat similar recipe, poulet au vin blanc, appeared in an 1864 cookbook. About cake The history of cake dates back to ancient times. The first cakes were very different from what we eat today. They were more bread-like and sweetened with honey. April 11, 2019 Sustainable Wine Dinner Series Los Angeles, California Four evenings on March 21, April 11, May 30, and June 27, 2019, 6 to 9 pm, at the Zoo. Bread, beer & yeast The history of bread and cake starts with Neolithic cooks and marches through time according to ingredient availability, advances in technology, economic conditions, socio-cultural influences, legal rights (Medieval guilds), and evolving taste. - Bacon Nation 125 Irresistible Recipes